



Job Title: Player Welfare Associate (Volunteer) – GHA RFC

Location: GHA Rugby Club, Giffnock, Glasgow

Reporting to: Calum Forrester, Director of Rugby Operations

Commitment: Part-time, voluntary role with flexible involvement across training nights, match days and occasional meetings

Overview

GHA RFC is seeking a caring, organised and people-focused Player Welfare Associate to support the wellbeing, integration and overall experience of players within the senior rugby environment. This role will play an important part in helping players feel supported on and off the field, while also helping strengthen the pathway between youth rugby and the senior game. A key area of focus will be supporting players transitioning from Under 18s into senior rugby, helping them settle into the club environment and build confidence within adult rugby.

The role is not medical or clinical in nature, but instead centres around communication, support, player experience and helping people feel connected within the club.

Key Responsibilities

- **Player Support** - Act as a friendly and approachable point of contact for players across the senior rugby setup.
- **Transition Support** - Help support players progressing from Under 18s into senior rugby, assisting with integration into training environments, matchday routines and wider club culture.
- **Communication** - Maintain regular communication with players, coaches, parents where appropriate, and club volunteers to help ensure players feel informed and supported.
- **Wellbeing Awareness** - Help identify players who may require additional support or guidance and escalate concerns appropriately within the club structure.
- **Club Integration** - Encourage strong relationships between youth and senior sections of the club to help create a connected “one club” environment.
- **Player Experience** - Support initiatives that improve enjoyment, inclusion, retention and engagement across the rugby programme.
- **Event & Community Support** - Assist with occasional player events, team gatherings, induction activities or mentoring initiatives.
- **Volunteer Collaboration** - Work closely with coaches, team managers, medical volunteers and rugby operations staff to support a positive player environment.



Skills and Qualifications

Essential

- Strong communication and interpersonal skills.
- Caring, approachable and supportive personality.
- Ability to build trust and positive relationships with young people and adults.
- Organised and reliable.
- Passion for community sport and player development.

Desirable:

- Experience working with young people, sports teams or community organisations.
- Understanding of rugby club environments.
- Experience in mentoring, coaching, teaching, welfare or pastoral support.
- Knowledge of safeguarding principles.

Commitment:

- Flexible involvement based around availability.
- Some evening and weekend availability preferred.
- Regular presence around training nights and match days would be beneficial, particularly during transition periods for younger players.

Benefits

- Help shape the future experience of players at one of Scotland's leading community rugby clubs.
- Play an important role in supporting young players as they move into senior rugby.
- Build meaningful relationships across the club community.
- Gain valuable experience in player support, welfare and sports operations.
- Access to club events, rugby activities and the wider GHA network.

Application Process

To express interest, please contact Calum Forrester at office@gharugby.co.uk with a brief outline of your experience and why you would like to support GHA RFC in this role.

About GHA RFC

GHA RFC, based at Braidholm in Glasgow, is a thriving community rugby club with one of the largest youth sections in Scotland and teams competing across multiple levels of Scottish rugby. We are committed to creating a positive, ambitious and welcoming environment for players of all ages and backgrounds.

Note: This is a voluntary role with no financial compensation.